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DEPARTMENT OF  
PSYCHOLOGY



August 12, 2013

**Re: Robert J. Berchick, Ph.D.**

To Whom It May Concern:

It is with pleasure that I write this requested letter of support for Dr. Robert Berchick who I first met in the winter months of 1987 while he was Director of Clinical Services at Aaron T. Beck's Center for Cognitive Therapy in Philadelphia. I arrived from Canada in January, 1987 for a four month postdoctoral rotation at the Center for Cognitive Therapy. Although my position was primarily research-oriented, I was assigned a caseload which Dr. Berchick supervised. I had regular weekly supervision sessions over this time period. Since that initial contact 25 years ago I have had sporadic contact with Dr. Berchick through our mutual attendance at conferences such as the Association for Behavior and Cognitive Therapy (ABCT) and membership in the Academy of Cognitive Therapy.

I feel privileged to have had the opportunity to receive supervision in cognitive behavior therapy (CBT) under Dr. Berchick. He played an important role in my own personal development as a CBT therapist. I still recall some of the advice and guidance he gave me on treatment of difficult cases of anxiety and depression. His candor, insight and sophisticated understanding of psychotherapy process were invaluable to me as young and developing clinical psychologist. To this day I recall some of his creative advice on treatment innovation and some of these ideas have influenced my own writings on CBT. I consider Dr. Berchick one of my mentors and I am grateful for the influence he has had on my professional development.

In sum I offer my support and recommendation on behalf of Dr. Robert Berchick. I am aware of his medical challenges but I also know he continues to draw on a rich personal history of knowledge and skill in CBT. This is a man who you should listen to carefully because he has much to offer in terms of wisdom and clinical insight.

Sincerely,

A handwritten signature in cursive script, reading "David A. Clark". The signature is fluid and elegant, with a long, sweeping tail on the final letter.

David A. Clark, Ph.D.

Professor