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Re: Robert J. Berchick, Ph.D.

To whom it may concern:

It is with great pleasure that I write this letter of support for Robert Berchick, Ph.D., whom I have known in a professional capacity since 1984.

At the time of my first contact with Dr. Berchick, he was actively engaged in the private practice of Cognitive Therapy in Warminster, PA, while I was in practice in Abington, PA. Both communities are fairly close geographically. My psychiatric practice included the use of medications for a number of patients and Individual and Couples Psychotherapy rooted in Psychodynamic principles.

Having learned about each other's presence in the area, Dr. Berchick and I soon started to cooperate with one another. I provided medication follow up for those patients whose symptoms did not respond fully to therapy and saw in conjoint treatment some of his individual patients who required that kind of intervention. For his part, Dr. Berchick was available to me for the referral of patients, individual and couples, whom I felt would greatly benefit from his approach.

As time went on, we learned that our respective styles of work, even though based on different schools of thought, were similar in terms to our approach to assessment and differential diagnosis and differential therapeutics of the patients who came to us. And so, what started as a purely practical collaboration between colleagues turned into a regular peer review process whereby we would discuss, almost on a weekly basis, our common patients and their progress in treatment.

Dr. Berchick's depth of knowledge of the different schools of psychology, his openness in considering different modalities of treatment and his pragmatic stance in addressing therapeutic issues, made him the perfect colleague to share and discuss cases with. When practiced privately, our profession is one that can often isolate its practitioner, hence the value of a trusted colleague like Dr. Berchick.

Following Dr. Berchick's stroke in 2004, our joint case load decreased considerably. However, as he remains in practice, albeit part time, I continue to consider him as a resource for a number of my patients.

In sum, I support Dr. Berchick without qualification and am glad to count on him for his expertise in patient care.

Respectfully yours,

  
Alex Glijansky, M.D.